

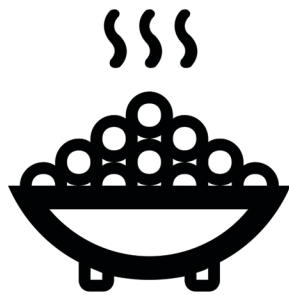
HEALTHY HABITS CHECKLIST

I brush my teeth



M	T	W	T
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
F	S	S	
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	

I ate healthy meals



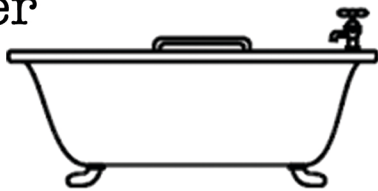
M	T	W	T
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
F	S	S	
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	

I exercised



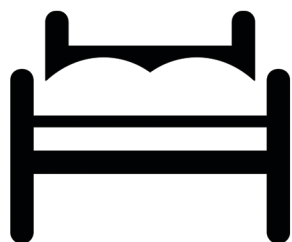
M	T	W	T
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
F	S	S	
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	

I took a bath or shower



M	T	W	T
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
F	S	S	
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	

I went to bed on time



M	T	W	T
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
F	S	S	
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	